



Prince of Songkla University Announcement

Subject: Measures for monitoring and control of Coronavirus disease (COVID-19) outbreak among staff and students at Prince of Songkla University

Issue no. 13

In order to prevent the spread of the Coronavirus disease (COVID-19) in accordance with the changing situation, Prince of Songkla University specifies the following measures and guidelines for staff and students at Prince of Songkla University to be consistent with the situation:

1. People who have flu-like symptoms such as sore throat, cough, fever, or runny nose, must isolate themselves, avoid contact with the community and take an ATK test.

1.1 In case the ATK test result is negative, isolate yourself and do not go to work or school. Self-quarantine is not mandatory but must wear a medical mask at all times, and wash your hands often, especially after coughing and sneezing. Do not get close to or eat with friends or others. Avoid going to public places and repeat taking the ATK test on the third day. When recovered, you can come to work or study in the classroom as normal.

1.2 In case the ATK test result is positive, practice self-quarantine for five (5) days. If there are no more symptoms, then you come to work or study in the classroom and please be careful when contacting other people, acting accordingly to DMHTT principles for the next five (5) days.

2. High-risk group refers to those who did not wear medical masks and had direct contact with infected people at a distance within two meters for more than five minutes, or with those who are coughing, sneezing for three days before other symptoms show, or while they are having symptoms, or staying in a closed place with poor ventilation with COVID-19 patients or infected people for more than 30 minutes. These high-risk persons can go to work or study by separating themselves from others and taking maximum self-protection measures. Refrain from going to public areas, refrain from participating in activities with large groups of people, and refrain from using crowded public transportation. Practice self-monitoring for 10 days and take an ATK test if there are any respiratory symptoms.

3. Wearing a medical mask in the workplace, classroom, and laboratory at all times is mandatory. Do not go to work or go to class in case you have flu-like symptoms and act according to clause 1.

4. In the canteens and dormitories, wear a mask whenever you are in a crowd, avoid those who have flu-like symptoms, avoid eating together and use a serving spoon in case of sharing meals with others.

Please be informed and act accordingly.

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